

# Wye Valley Riding Club Clinic with Russell Guire at Usk College Thursday September 6th



**RIDER  
ANALYSIS**  
Improve your position and horse's way of going

## A rider Analysis Session will

- Evaluate your position on your own horse
- Work on exercises to help improve your position and horse's way of going
- Use instant video feedback and the latest software so that you can see the difference
- Provide you with a detailed feedback form outlining key areas to work on

Sessions are £65 for 45mins.  
Open to Area 15 Riding Club  
Members  
**Includes entrance to the  
evening talk on Wednesday  
5th Sept at Usk College**

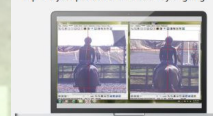


## IMPROVE YOUR RIDING

**Jump Rider Analysis**  
Improve your jumping technique and position.



**Dressage / Flat Work Rider Analysis**  
Improve your position and horse's way of going.



The pictures  
reinforced the  
importance of being  
symmetrical and  
positioning my  
upper body better

For further information or to book your place contact Kath Trigg  
Email [kathleentrigg@btinternet.com](mailto:kathleentrigg@btinternet.com) or Phone / Text 07974 573533